

Courtney Johnson

NONPROFIT FOUNDER &
MOTIVATIONAL ADVOCATE

COURTNEY BIO

Courtney Johnson is a visionary entrepreneur and passionate advocate for supporting individuals and families fighting cancer. At 23, she founded Culinary Care, a Chicago-based nonprofit, inspired by her father's battle with lung cancer and the impact of meals delivered to their home. Under her leadership, Culinary Care has delivered over 30,000 free meals in the past 10 years to families fighting cancer, reducing loneliness, restoring hope, and fostering community.

Courtney's story exemplifies the power of compassion, perseverance, and turning personal pain into purpose.

She has been recognized as a Crain's Chicago 20 in their 20s honoree and a Tyson Foods Meals that Matter Hero®, inspiring others to make a lasting impact in the fight against cancer.



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*"Hearing Courtney speak is a transformative experience. Her passion and authenticity shine through every word she shares. **Courtney left our group feeling empowered and motivated to make a difference.** She has a unique gift for connecting with people on a deep level, instilling hope, and inspiring action."*

Book Courtney to speak!

TO BOOK OR FOR QUESTIONS, CONTACT INFO@CULINARYCARE.ORG
OR VISIT CULINARYCARE.ORG/SPEAKING

SPEAKING TOPICS

Choose from the following topics:

1. Turning Pain into Purpose
2. From Small Beginnings to Big Impact: Growing a Nonprofit for Lasting Change
3. Empower to Impact: Lessons from an Entrepreneur and Advocate
4. Filling a Gap: Turning Your Restaurant into a Socially Impactful Organization

FEATURED IN

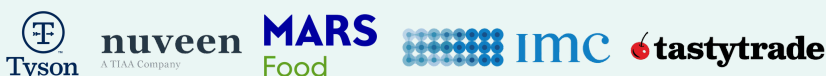
NEWS & MEDIA



HEALTHCARE



CORPORATE



INFLUENCERS & PODCASTS



Culinary Care is a 501(c)(3) not-for-profit organization.



COURTNEY BIO

Meet Courtney, a visionary entrepreneur and passionate advocate for families fighting cancer. At just 23, she founded the nonprofit Culinary Care, inspired by her father's battle with lung cancer and the profound impact of meals delivered to their home.

Under her leadership, Culinary Care has provided over 30,000 free meals in the past decade, offering hope, community, and relief to families in their fight against cancer. Courtney's story is a testament to the power of compassion, perseverance, and transforming personal pain into purpose.



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Turning Pain into Purpose

To book or for questions, contact info@culinarycare.org, or visit culinarycare.org/speaking.

PROGRAM BIO

This inspiring topic highlights the remarkable journey of transforming pain into purpose, drawing from the powerful story behind Culinary Care, a nonprofit founded by Courtney Johnson. This topic explores the transformative power of personal pain and demonstrates how it can be harnessed to create a lasting impact.

ATTENDEES WILL LEARN

- How to find purpose and meaning in the face of adversity
- Strategies for channeling personal pain into a positive force for change
- The importance of empathy and community support in times of hardship
- How to create sustainable impact through compassionate initiatives
- Inspiring stories of resilience and perseverance from the journey of Culinary Care
- Ways to make a meaningful difference in the lives of others, even with limited resources
- Techniques for self-care and managing emotional well-being while advocating for a cause



COURTNEY BIO

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From Small Beginnings to Big Impact: Growing a Nonprofit for Lasting Change

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PROGRAM BIO

Learn valuable insights and strategies for growing a nonprofit organization from a visionary leader and experienced nonprofit professional. Drawing inspiration from the remarkable journey of Culinary Care, a nonprofit founded by Courtney, this topic will provide attendees with practical guidance on scaling impact, fostering community support, and achieving sustainable growth.

ATTENDEES WILL LEARN

- Essential steps to establish and grow a successful nonprofit organization
- Strategies for building a strong and engaged community of supporters
- Leveraging partnerships and collaborations for increased impact
- Overcoming challenges and navigating setbacks in nonprofit growth
- Practical insights on scaling services while maintaining quality and impact
- Inspiring stories and lessons from the journey of Culinary Care in delivering meals and support to cancer patients and their families



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Leading with Purpose: How Entrepreneurs Can Drive Impactful Advocacy

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PROGRAM BIO

Courtney, the visionary founder of Culinary Care, will share valuable lessons and insights from her journey as an entrepreneur and advocate. Discover how Courtney's passion and resilience led to the establishment of Culinary Care, a nonprofit supporting families fighting cancer through meal programs. This topic aims to inspire and empower attendees to embrace their leadership potential, overcome challenges, and make a lasting impact in their communities.

ATTENDEES WILL LEARN

- The importance of identifying and pursuing causes that align with values and passions
- Strategies for transforming personal pain into a driving force for positive change
- Practical insights on starting and growing a successful nonprofit organization
- The art of building a strong community of supporters and engaged advocates
- How to navigate challenges and setbacks
- Ways to leverage partnerships and collaborations for increased impact and reach
- The power of storytelling and effective communication in rallying support



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Filling a Gap: Turning Your Restaurant into a Socially Impactful Organization

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PROGRAM BIO

Discover the immense power your restaurant holds in giving back to the community. Courtney Johnson, the visionary founder of Culinary Care, will share insights on how to transform your restaurant into a socially impactful organization. This topic will inspire restaurant owners and managers to embrace their role in making a difference and filling a critical gap in their communities.

ATTENDEES WILL LEARN

- How your restaurant can become a force for social change and make a positive impact
- Practical strategies for meaningful partnerships to extend your reach and impact
- How to leverage your restaurant's resources and influence to foster a sense of community
- How to communicate your commitment to social impact to your customers and community
- Practical steps to implement socially impactful programs - considering logistics, scalability, and sustainability
- Ways to engage your restaurant staff and team in meaningful community initiatives, fostering a sense of pride in their work